CLAIMS

- 1. A brake system configured for use with a shopping cart, comprising:
 - a shopping cart handle having opposed ends;
 - a pivoting member attached to each one of said opposed ends of the shopping cart handle and configured for being attached to a shopping cart frame, wherein each pivoting member enables the shopping cart handle to be moved between an at-rest position and a displaced position; and
 - a braking force apparatus coupled to the shopping cart handle, wherein the braking force apparatus is configured for being selectively movable between a normally applied braking force state and a disengaged state when the handle is correspondingly moved between the at-rest position and the displaced position.
- 2. The system of claim 1, further comprising:
 - a cable connected between the shopping cart handle and the braking force apparatus, wherein the cable applies a force for moving the braking force apparatus from the normally applied braking force state to the disengaged state when the shopping cart handle is moved from the at-rest position toward the displaced position.
- 20 3. The system of claim 2, further comprising:
 - a resilient member coupled to the shopping cart handle, wherein the resilient member biases the shopping cart handle toward the at-rest position whereby the cable exerts a corresponding force on the braking force apparatus for biasing the braking force apparatus to the normally applied braking force state.

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- 4. The system of claim 2, further comprising:
 - means for applying a force on the cable when the shopping cart handle is moved from the at-rest position toward the displaced position.

- 5. The system of claim 1 wherein the braking force apparatus includes a resilient member biasing the braking force apparatus to the normally applied braking force state.
- 6. The system of claim 1 wherein the braking force apparatus is configured for applying a
 braking force on at least one of opposed faces of a shopping cart wheel and a rolling surface of a shopping cart wheel.
 - 7. The system of claim 1 wherein the braking force apparatus includes a wheel clamping caliper.
- 10 8. The system of claim 1, further comprising:

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- a cable connected between the shopping cart handle and the braking force apparatus;
 means for biasing the braking force apparatus to the normally applied braking force state;
 and
- means for applying a force on the cable when the shopping cart handle is moved from the at-rest position toward the displaced position;
- wherein the cable applies a force on the braking force apparatus when the handle is moved from the at-rest position toward the displaced position, and wherein the braking force apparatus is configured for applying a braking force on at least one of opposed faces of a shopping cart wheel and on a rolling surface of the shopping cart wheel.

9. A shopping cart, comprising:

- a shopping cart frame;
- a handle assembly including an elongated handle having opposed ends and a pivoting member attached between each one of said opposed ends and the shopping cart frame, thereby enabling the elongated handle to be moved between an at-rest position and a displaced position; and
- a braking force apparatus coupled to the elongated handle and mounted on the shopping cart frame adjacent to a wheel assembly mounting location of the shopping cart frame, wherein the braking force apparatus is configured for being selectively movable between a normally applied braking force state and a disengaged state when the handle is correspondingly moved between the at-rest position and the displaced position.

15 10. The system of claim 9, further comprising:

a cable connected between the elongated handle and the braking force apparatus, wherein the cable applies a force for moving the braking force apparatus from the normally applied braking force state to the disengaged state when the elongated handle is moved from the at-rest position toward the displaced position.

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11. The system of claim 10, further comprising:

- a resilient member coupled to the elongated handle bar, wherein the resilient member biases the elongated handle bar toward the at-rest position whereby the cable exerts a corresponding force on the braking force apparatus for biasing the braking force apparatus to the normally applied braking force state.
- 12. The system of claim 9 wherein the braking force apparatus includes a resilient member biasing the braking force apparatus to the normally applied braking force state.

- 13. The system of claim 9 wherein the braking force apparatus is configured for applying a braking force on at least one of opposed faces of a shopping cart wheel and a rolling surface of a shopping cart wheel.
- 5 14. The system of claim 9, further comprising:

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a cable connected between the shopping cart handle and the braking force apparatus; means for biasing the braking force apparatus to the normally applied braking force state; and

means for applying a force on the cable when the shopping cart handle is moved from the at-rest position toward the displaced position;

wherein the cable applies a force on the braking force apparatus when the handle is moved from the at-rest position toward the displaced position, and wherein the braking force apparatus is configured for applying a braking force on at least one of opposed faces of a shopping cart wheel and on a rolling surface of the shopping cart wheel.

15. A shopping cart, comprising:

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- a shopping cart frame;
- a plurality of wheel assemblies mounted on the shopping cart frame;
- a handle pivotally attached to the shopping cart frame, wherein the handle is movable between an at-rest position and a displaced position;
- a braking force apparatus coupled to the handle and mounted on the shopping cart frame in a manner enabling a braking force to be applied on one of said wheel assemblies, wherein the brake force apparatus applies the braking force when the handle is in the at-rest position and disengages the braking force when the handle is moved toward the displaced position.

16. The system of claim 15, further comprising:

a cable connected between the handle and the braking force apparatus, wherein the cable applies a force for moving the braking force apparatus from the normally applied braking force state to the disengaged state when the handle is moved from the at-rest position toward the displaced position.

17. The system of claim 16, further comprising:

- a resilient member coupled to the handle, wherein the resilient member biases the handle toward the at-rest position whereby the cable exerts a corresponding force on the braking force apparatus for biasing the braking force apparatus to the normally applied braking force state.
- 18. The system of claim 15 wherein the braking force apparatus includes a resilient member biasing the braking force apparatus to the normally applied braking force state.
 - 19. The system of claim 15 wherein the braking force apparatus is configured for applying a braking force on at least one of opposed faces of a shopping cart wheel and a rolling surface of a shopping cart wheel.

20. The system of claim 16, further comprising:

a cable connected between the shopping cart handle and the braking force apparatus;

means for biasing the braking force apparatus to the normally applied braking force state; and

means for applying a force on the cable when the shopping cart handle is moved from the at-rest position toward the displaced position;

wherein the cable applies a force on the braking force apparatus when the handle is moved from the at-rest position toward the displaced position, and wherein the braking force apparatus is configured for applying a braking force on at least one of opposed faces of a shopping cart wheel and on a rolling surface of the shopping cart wheel.

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